



Center for
Surgical Specialties
at WATERBURY HOSPITAL

**PREPARING FOR YOUR ENDOVENOUS LASER
PROCEDURE (EVLT)**

Your EVLT laser ablation procedure is scheduled for _____ at _____ am/pm. Please arrive approximately 20 minutes prior to your appointment time to complete any additional paperwork.

Please bring the following with you to your procedure appointment: Insurance information, medication bottles or complete medication list with names, dosages and frequency (If you use special eye drops, please bring them with you). We will also need you to bring compression stockings (30-40mm Hg) with you on the day of your procedure. A friend or family member should come with you to drive you home after the procedure. You will **NOT** be allowed to drive yourself home.

Take a shower and wash the leg with antibacterial soap on the morning of the procedure. Please do not apply any lotions or moisturizers to your leg the morning of the procedure. Please shave the affected leg, as well as, 1-2 inches in the groin region to facilitate the ultrasound prior to the procedure. Wear loose fitting shorts, or very loose pants that you can pull on over the leg bandage that will be placed on you after the procedure.

Please do not eat or drink anything the morning of the procedure. You may take your normal medications the morning of the procedure with a sip of water. If you are taking blood thinners, please notify us immediately so we can determine the best course of action to schedule your procedure.

Please do not wear contact lenses to your procedure. You will be asked to remove jewelry, glasses, dentures, and hearing aids prior to the procedure. You should leave these items of value with a friend or family member accompanying you to the procedure.

If you have any questions or concerns prior to your appointment, please do not hesitate to call our office at (203) 568-2929.

Patient Signature: _____

Nurse: _____

Date: _____